



## College Update | Week 8, Term 3, 2025

It is shaping up to be another exciting week at Whites Hill State College!

This coming Wednesday 3 September we look forward to our Father's Day Stall, a special opportunity for students to select gifts and share in the joy of giving. A big thank you in advance to our P&C and volunteers who make this event possible each year.

This Thursday, we are also delighted to welcome our 2026 Prep students for their very first Prep Explorers visit — the first of three sessions designed to help our newest learners feel comfortable and confident as they begin their WHSC learning journey.

Looking ahead, our Year 8 students are preparing for camp in Week 9, where they will take part in challenges, teamwork, and memory-making experiences. We are also counting down to this Saturday 6 September, when our college once again proudly hosts the Matsuri Japanese Festival, celebrating Japanese culture, food, music, and community.

Thank you to all families for your ongoing support in making our college such a welcoming and vibrant place to learn and grow.

### Student Resource Scheme

Are you signed up to the Student Resource Scheme? Participation in SRS ensures students have access to essential learning resources. SRS is also a very economical way to ensure students have resources for learning. If you would like to participate and haven't already signed up, or require further information please email [admin@whiteshillsc.eq.edu.au](mailto:admin@whiteshillsc.eq.edu.au)

### Uniform focus

Keeping uniform standards high is always a work in progress. Our uniform is a purposeful measure by our college and the community to unite us. While deviations to this uniform may seem trivial, it sends a very clear message to others. We want all students to be in full uniform as we develop a culture of united learning and playing in our school.

- All students are subject to school expectations when they can be identified as Whites Hill State College students. This includes when they are travelling to and from school, as well as within the college grounds.
- Each student's uniform is to be clean and presentable.
- On formal occasions, all students should wear the formal uniform (except in circumstances where uniform exemptions for medical conditions are in place).
- For our secondary students, if a student is wearing a non-uniform item of clothing (including shoes) or missing an item, then it is their own responsibility to visit their Culture & Engagement Coordinator with an explanation before school begins. At times the administration office may be able to loan an item.
- If a student's hair is touching or longer than the shoulder seam of the college formal shirt, it must be tied back. Hair is to be of a natural colour.
- Specific details about jewellery can be found in the [uniform policy](#).

Please refer to Our uniform policy found on our [website](#) in regards our expectations and parent commitments to our school pride. Uniform shop [link](#).

# Whites Hill State College

PREP – YEAR 12

Ph: 3900 8333

E: [admin@whiteshillsc.eq.edu.au](mailto:admin@whiteshillsc.eq.edu.au)



Imagine Believe Achieve

Artist: Danielle Leedie Gray

## Online Behaviour and Social Media

At Whites Hill, we know that respectful behaviour extends beyond the classroom and playground — it also includes how we engage online. Social media and digital platforms play an increasing role in the lives of our students, and it is important that families work with us to help young people make safe and positive choices in the digital world.

Parents and carers are role models in this space. Talking openly with your child about online behaviour, setting clear expectations, and staying informed about the platforms they use helps create a safer environment for everyone.

The [eSafety Commissioner](https://www.esafety.gov.au) provides excellent resources and free webinars for parents and carers on topics such as online safety basics, gaming, social media, and supporting your child through online challenges.

You can explore upcoming parent and carer webinars here:

[esafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars)

Together, by being proactive and engaged, we can ensure our students use technology responsibly and respectfully.

**Term 4, 2025**  
**eSafety parents and carers webinars**

Join eSafety's free live webinars for parents and carers.

**Term 4 topics:**

- **Algorithms and adolescents: The rewards and risks of recommender systems for young people (45 minutes).** Suitable for parents and carers of young people in upper primary and secondary school.
- **The changing face of cyberbullying: Protecting your child in 2025 (45 minutes).** Suitable for parents and carers of children in primary and secondary school.
- **AI-assisted image-based abuse: Navigating the deepfake threat (45 minutes).** Suitable for parents and carers of young people in upper primary and secondary school.

For more information and to register now: [eSafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars)

eSafety Commissioner eSafety.gov.au

**Term 4, 2025**  
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Join eSafety's free live webinars for parents and carers.

**Term 4 topics:**

- **Supporting healthy tech use as your child transitions into secondary school (45 minutes).** Suitable for parents and carers of children in upper primary school (ages 11 to 12) and Year 7.
- **Understanding and using parental controls to help protect your child online (45 minutes).** Suitable for parents and carers of children in primary and secondary school.

For more information and to register now: [eSafety.gov.au/parents/webinars](https://esafety.gov.au/parents/webinars)

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## Gratitude, Empathy, Mindfulness

This week, we are thinking about **emotions** — both our own and those of the people around us.



**Gratitude:** Think about someone who shared their feelings with you today. How did you show them you were thankful for their trust?

**Empathy:** What emotions have you noticed in your friends, teachers, or family members today? How did you recognise these emotions — was it through their words, their tone of voice, or their body language?

**Mindfulness:** Take a quiet moment to reflect on how these emotions made you feel. Did you feel calm, happy, concerned, or perhaps encouraged to support them?

When we pause to notice and respond to emotions, we strengthen our relationships and make our school and homes kinder, more understanding places.

Have a wonderful week ahead!

Kind regards,

*Ríchenda Wagener*  
College Principal

E: [admin@whiteshillsc.eq.edu.au](mailto:admin@whiteshillsc.eq.edu.au)

