

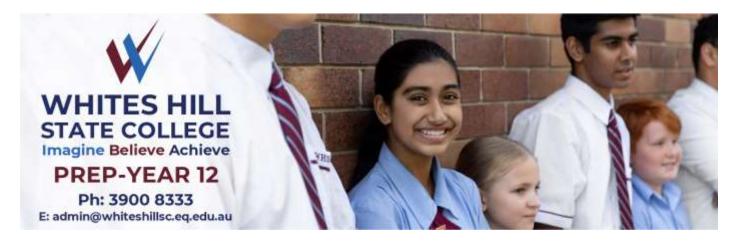
## College Update | Week 9, Term 3, 2024

Welcome to week 9, and SPRING.

Congratulations to all of our Sports Aerobics teams who competed at National's over the weekend. We are very proud of you!

If you follow the <u>ACTION FOR HAPPINESS MOVEMENT</u> you will have noticed that it is <u>Self-Care</u> <u>September</u>. It is important that we all take time out of our busy schedules to ensure that we are taking care of ourselves. No one can pour from an empty-cup. Taking time to recharge is critical for students during peak assessment times. <u>The Resilience Project</u> also has some great resources and tips on how we can prioritise self care on their <u>TRP@HOME</u> page.





<u>**R U OK Day</u>** will take place on Thursday the 12<sup>th</sup> of September. This is an important day to us at Whites Hill. We encourage all of our community members to wear yellow on this day. Check in, connect, have a conversation, it could change someone's life.</u>

Applications are open for Secondary Students to apply for the prestigious fully funded <u>Premier's Anzac Prize</u>. This is a once in a lifetime opportunity to delve into the Anzac legacy through workshops and visits to historical sites in the United Kingdom and the Western Front (France and Belgium). <u>Applications close on</u> <u>the 6<sup>th</sup> of September</u>.

The Stop It at the start campaign is holding a <u>RESPECT COMPETITION</u>. This competition is open to all students in Years 4 to 9. Students are invited to create a storyboard to demonstrate what respect means to them. The winning entry will be turned into an animation by a professional animation studio. Winners and runners-up will receive excellent prizes.

This weekend, Saturday 7<sup>th</sup> of September the MATSURI festival will be hosted on the college grounds. The festival was a HUGE success in 2023, and it promises to be even better in 2024. For those of you who live around the college, please be aware that a large number of visitors will be expected on the streets adjacent to the college.

Be kind to yourself and others. Have a fantastic week. From the Team at Whites Hill 😊



CARES focus this week		Explicit Teaching of CARES values PBL Teaching Matrix
cares	<b>Safety</b> We actively support the wellbeing of all.	Primary – We consider and think about the impact of our actions on others.Secondary – We consider and think about the impact of our actions on others.

## Uniform focus this week

Keeping uniform standards high is always a work in progress. This week our focus is: **HATS** All students at the college are required to wear a hat whey they are in the sun or outdoors. Our uniform policy can be found on our <u>website</u>. Uniform shop <u>link</u>.



**Gratitude Empathy and Mindfulness** 



## What's on this week - Week 9

Monday 2 <sup>nd</sup> September to Wednesday 4 <sup>th</sup> September	Year 5/6 Camp
Saturday 7 <sup>th</sup> September	Matsuri Festival

## What's coming up

Week 10	Monday 9 <sup>th</sup> September – P to 6 Parent Teacher Interviews
	Thursday 12 <sup>th</sup> September – R U Ok Day
	Friday 13 <sup>th</sup> September – Write a book in a Day.
	All week – Year 10 and 11 Hospitality Work Experience
	All week – Year 12 Mock External Exam Block